

AGILITY PHYSICAL THERAPY

Committed to Keeping a Community on Its Feet

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Moving every day can improve every part of your body, from your brain to your joints, and, at times, physical therapy can be essential in keeping it in optimal condition. That's when you'll want to get to know the team of professionals at Agility Physical Therapy, who can help you on your journey toward moving better and maintaining functional mobility.

Physical Therapist Assistant and Practice Liaison Jennifer McGaw says, "As we age, our body changes over time, so an appointment with a physical therapist is recommended once a year, especially if you have had injuries or undergone surgery, so that you can be evaluated and provided an at-home exercise program to ensure you are moving at your optimum. Nowadays, physical therapists have doctorate degrees that enable them to evaluate, diagnose, and treat, and this kind of preventative care is essential for maintaining your health. Additionally, it's not necessary to have a referral from a Primary Care Doctor or any physician to make an appointment for a visit."

Jennifer shares that she has been with Agility Physical Therapy since its start. She enthusiastically explains that Alan Dalton, a Board-Certified Specialist in Orthopedic Physical Therapy, saw a wonderful opportunity when he established Agility Physical Therapy in 2010. A Florida native and long-time Venice resident, he has staffed his company with many professionals who grew up, went to school, and played sports locally. Jennifer relates, "Alan's philosophy of compassion, giving, and caring for people has created an atmosphere where you will often hear patients and clients say that they felt immediately safe, comfortable, and almost instantly like they were part of a family."

Agility's services extend well beyond physical therapy with experts trained in many specialty areas. Aside from post-surgical and trauma rehabilitation, Agility PT offers the Big and Loud Program that helps Parkinson's patients improve function and slow deterioration. PT



company as it supports many local charities and fundraisers throughout the year, and its staff helped many patients during the Hurricane Ian recovery phase. Guided by the goal of getting and keeping people healthy, the team is always there to help patients in any way they can with scheduling, insurance claims, and other questions. If you have fears, questions, or concerns, they want to help you.

Jennifer is very excited to share that Agility has three locations, including two in Venice and one in Wellen Park. She encourages people to check out the website [ImproveMyAgility.com](https://www.improvemyagility.com) where they will find detailed information about all the available services and staff.

Get to know Agility Physical Therapy, where the love of community and people is a part of everyday life.

For more information about this advertorial, all clinic hours, and locations, or to make an appointment, call 941.484.8107, log on to the comprehensive website, [ImproveMyAgility.com](https://www.improvemyagility.com), or follow Agility on Instagram or Facebook. All three Agility Physical Therapy locations are open Monday through Friday.

AGILITY
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