

## **Connections for Seniors**

## A Helping Hand to Make Life a Little Easier

WRITTEN BY JOY FREEMAN
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Whether you are a senior or not, a time may come when you need a helping, caring hand. A Registered Nurse who owns Connections for Seniors in Venice, Halyna Kovalyshin (right) explains that her staff of Certified Home Health Aides has been chosen for their abundance of compassion, caring, patient understanding, and a desire to make life a little easier and less stressful for their clients.

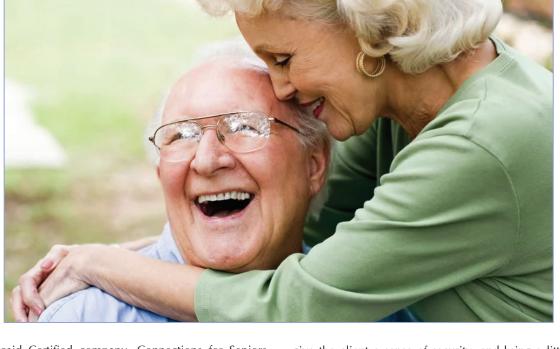
haring that she has always enjoyed working with people, she says, "Among my greatest joys in owning Connections for Seniors is seeing how my company has changed the quality of life for so many people. To hear people laughing and see them smiling and feeling stress-free because their Home Health Aide has lifted a burden, helped solve a problem, been there when needed, and brought friendship and joy to their lives makes me feel like I did something good today and every day."

Halyna relates that her staff is available for as little as a few hours, a few days, or full, 24/7 live-in companionship and care.









Medicaid Certified company, Connections for Seniors offers services including assisting in making or fully preparing meals; performing light housework; accompanying clients on walks, to appointments, or taking them shopping; and providing transportation. The aides can also arrange clothing; help with laundry; provide friendly, caring companionship; read books, mail, and periodicals to clients; help them with filing, paperwork, and internet searches; and keep things in clients' living spaces tidily in order. Additionally, Home Health Aides can assist clients not only in their homes but also in hospitals, and nursing and Assisted Living facilities, and can help keep loved ones informed.

She explains, "The first order of business when clients call for assistance is to perform an in-home assessment of their needs and then match them with the aide who will be most compatible. The goal is always to bring solutions that will make life easier,

give the client a sense of security, and bring a little sunshine and laughter to each day. Often, just knowing they don't have to go it alone is enough to ease tensions that were causing stress in people's everyday lives. Sometimes just having someone at a doctor's appointment to lend an ear and take notes is a huge relief. It's amazing what a companionable walk in the park or by the Gulf can do to lift the spirits and make troubles disappear, and shopping with someone is a lot more fun than doing it alone."

If you or someone you love is in need of a Home Health Aide, contact Halyna at Connections for Seniors today!

For more information about this advertorial, call 941.486.8394. Located at 200 Capri Isles Boulevard in Venice, Connections for Seniors is open from 9 a.m. to 5 p.m. Monday through Friday. Certified Home Health Aides are welcome to inquire.



