

Summertime Blues...

A Day at the Beach

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*S*pending time at the shore is a wonderful way to enjoy nature at its best.

The beautiful blue water and the sounds of the waves rolling in are reminders that every day is a new day and a prime time to enjoy life. Floridians in our area are fortunate to be able to travel just a few miles to reach paradise. We invite you to spend the day with us as we enjoy the summertime blues...

Take pleasure in walking the sandy white beaches and, with each wave that rolls in, let the cool water refresh you.





Yoga is a great way to stay in shape. Did you know that you can take free yoga classes right on the beach? Learn more at YogawithElin.us



Listen as the sound of the waves creates a rhythm at the beach and enjoy a wonderful atmosphere for meditation. Soak in nature's music and feel the peace that abounds.

*Discover treasures in
the sand to take home
as reminders of your
time spent at the beach.*



*Float in the warm Gulf as you
relax with each sway of the waves.*



*Bring a picnic to the beach
paired with attractive plasticware.
Savor a tropical feast...*

*T*his summer, take a
break from your usual sur-
roundings and find yourself
at the beach. See you there!

